

ACTIVITY	DAY	WEEKLY/ MONTHLY	£	DURATION (weeks)	START DATE	TIMES	LOCATION
PHYSICAL ACTIVITIES							
Badminton	Tues & Thurs	Weekly	£1.50 per session	25	7/9/2010	11.00am-12.30pm	St Columb's Park
Bowls	Thurs	Weekly	NIL	30	30/9/2010	2.00-4.00pm	Extension
Gardening	Wed	Weekly	£35	20	29/9/2010	2-4pm	Classroom
Golf - Ladies Beginners	Fri	Weekly	TBC	6	8/10/2010	10.30am	Foyle Golf
Golf - Men	Fri	Weekly	Green Fees	Ongoing		10.30am	Redcastle
Line Dancing - Beginners	Tues	Weekly	£12	10	21/9/2010	12noon - 1pm	Extension
Line Dancing - Intermediate	Tues	Weekly	£12	10	21/9/2010	11am-12noon	Extension
Men's PAC Fitness	Tues	Weekly	£12	12	14/9/2010	9.30-10.15am	Extension
Men's PAC Fitness	Thurs	Weekly	£12	12	16/9/2010	9.30-10.15am	Extension
Movement to Music	Mon	Weekly	£12	12	13/9/2010	10.15-11.00am	Extension
Movement to Music	Tues	Weekly	£12	12	14/9/2010	10.15-11.00am	Extension
Movement to Music	Thurs	Weekly	£12	12	16/9/2010	10.15-11.00am	Extension
Movement to Music (Gentle)	Thurs	Weekly	£12	12	16/9/2010	11.15-12.00noon	Extension
Ornithology	Fri	Weekly	NIL	30	17/9/2010	10.30am-1pm	Various/Outreach
Pilates	Fri	Weekly	£25	10	17/9/2010	11.00-12.00am	Extension
Swimming	Mon	Weekly	NIL	30	Ongoing	9.15-10.00	Templemore
Swimming	Wed & Fri	Weekly	Over 60's Free	30	Ongoing	10.00-11.00	Lisnagelvin
Tai Chi	Mon	Weekly	£12	12	20/9/2010	11.00-12.00	Extension
Tea Dances (Old Time Dancing)	Fri	Weekly	£1 per session	Ongoing	17/9/2010	2.00-4.00	Extension
Walks (long)	Mon	Weekly	NIL	48	13/9/2010	2.00	Various
Walks (short)	Mon	Weekly	NIL	48	13/9/2010	2.00	Various
Yoga	Tues	Weekly	£15	10	28/9/2010	1.45 - 3.00	Extension

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MODERN LANGUAGES							
French - Advanced	Mon	Weekly	£60	30	20/9/2010	9.30 -11.30am	Lounge
French - Intermediate	Mon	Weekly	£60	30	20/9/2010	11.30am-1.30pm	Lounge
French - Beginners	Mon	Weekly	£60	30	20/9/2010	2.00-4.00pm	Lounge
Italian Beginners Language Class	Thurs	Weekly	£25	10	30/9/2010	10.00-11.00am	Board Room
Italian Returners Language Class	Thurs	Weekly	£25	10	30/9/2010	11.00am -12noon	Board Room
Spanish Intermediate	Tues	Weekly	£60	30	21/9/2010	9.30-11.30am	Lounge
Spanish Advanced	Tues	Weekly	£60	30	21/9/2010	11.30-1.30pm	Lounge
Spanish Beginners	Tues	Weekly	£60	30	21/9/2010	2.00-4.00pm	Lounge
German Beginners	Tues	Weekly	£25	10	5/10/2010	11.00-12noon	Board Room
ART and ARTS & CRAFTS							
Art Oils/Acrylics- Intermediate	Mon	Weekly	£60	30	27/9/2010	10am-12noon	Art Room
Art Oils/Acrylics - Intermediate	Mon	Weekly	£60	30	27/9/2010	12.30pm-2.30pm	Art Room
Art Watercolours - Intermediate	Tues	Weekly	£60	30	28/9/2010	12.30pm-2.30pm	Art Room
Art Oils/Acrylics - Beginners	Wed	Weekly	£25	10	29/9/2010	10.30-12.30pm	Art Room
Art Oils/Acrylics - Intermediate	Wed	Weekly	£25	10	29/9/2010	1.00pm-3.00pm	Art Room
Art Watercolours - Intermediate	Thurs	Weekly	£60	30	30/9/2010	10am-12noon	Art Room
Art Watercolours - Advanced	Thurs	Weekly	£60	30	30/9/2010	12.30-2.30pm	Art Room
Art Drawing Class	Thurs	Weekly	£60	30	30/9/2010	2.45 -4.45pm	Art Room
Art W/C -Absolute Beginners	Fri	Weekly	£60	30	01/10/2010	10am-12noon	Art Room
Art - Club	Tues	Weekly	NIL	Ongoing	5/10/2010	2.30-4.30pm	Art Room
Art Appreciation	Thurs	Weekly	£20	10	7/10/10	2pm-3.30pm	Lounge
Calligraphy Club	Tues	Weekly	NIL	8	5/10/2010	10.15-12.15pm	Art Room
Card Making	Thurs	Weekly	£30	6	30/9/2010	10-12noon	Classroom
Carrickmacross Lace/Crochet	Mon	Weekly	NIL	30	27/09/2010	1.00-3.00pm	Board Room
Floral Art	Mon	Weekly	£20	8	27/9/2010	2.45-4.45pm	Art Room
Silk & Glass Painting	Tues	Weekly	£30	8	28/9/2010	10.30-12.30pm	Classroom

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CARDS & GAMES

Bridge - Competition	Mon	Weekly	NIL	48	Ongoing	7.30pm-10.30pm	Extension
Bridge - Competition	Wed	Weekly	NIL	48	Ongoing	2.00-5.00pm	Extension
Bridge - Beginners	Thurs	Weekly	NIL	10	TBC	1.30-4.00pm	Music Room
Bridge - Improvers (non competition)	Thurs	Weekly	NIL	10	TBC	1.30-4.00pm	Classroom
Scrabble	Fri	Weekly	NIL	Ongoing	1/10/2010	1.30-3.30pm	Lounge
Snooker			50p			As required	Snooker Room
Whist	Tues	Weekly	NIL	48	Ongoing	7.30	Extension

COMPUTING

Camera Club (Digital)	Tues	2 nd & 4 th	£10	15	28/9/2010	7.30pm-9.30pm	IT Suite
Internet & E-Mail (Level 1)	Mon	Weekly	£30	15	27/9/2010	10.30-12.30pm	IT Suite
Word Processing OCR Level 1	Mon	Weekly	£30	15	27/9/2010	1.00pm-3.00pm	IT Suite
Absolute Beginners	Tues	Weekly	£30	15	28/9/2010	10.30-12.30pm	IT Suite
Internet & Email Returners	Tues	Weekly	£30	15	28/9/2010	1 -3pm	IT Suite
Digital Photography - Advanced	Wed	Weekly	£25	12	29/9/2010	10.30am-12.30pm	IT Suite
Digital Photography - Intermediate	Wed	Weekly	£25	12	29/9/2010	1 -3pm	IT Suite
Stage 2 Computers	Thurs	Weekly	£30	15	30/9/2010	10.30-12.30pm	IT Suite
Digital Photography Beginners	Thurs	Weekly	£30	15	30/9/2010	1-3pm	IT Suite
Shopping Online	Fri	Weekly	£20	6	1/10/2010	10.30-12.30pm	IT Suite

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SOCIAL & RECREATIONAL							
Beauty Therapy	Wed	Weekly	£20	8	29/9/2010	10.30-12.30pm	Lounge
Book Club 1	Second Fri	Monthly	NIL	10	1/10/2010	2.00-3.00pm	Board Room
Book Club 2	Second Fri	Monthly	NIL	10	1/10/2010	2.00-3.00pm	Music Room
Cinema Club	Second Thurs	Monthly	£2	8	14/10/2010	7.30-9.30pm	Main Hall
Family History	Fourth Wed	Monthly	NIL	7	TBC	11.00am-12.30pm	Board Room
Investment Club 1	Mon	M / 2 nd	Sub	12	TBC	11am-1pm	Board Room
Investment Club 2	Thurs	M / 2 nd	Sub	12	TBC	2-3.30pm	Board Room
Investment Club 3	Wed	M / 2 nd	Sub	12	TBC	1.30-2.45pm	Board Room
Library	Daily	Weekly				All day	Library
Local History 'Setting the scene'	Wed	Weekly	£15	10	15/9/2010	10.00-11.00am	Extension
Local History 'Further series of Lectures'	Wed	Weekly	£15	10	15/9/2010	11.30-12.30pm	Extension
Members Monthly Meeting	Wed	Second Wednesday of month	-		8 th Sept 2010 6 th Oct 2010 3 rd Nov 2010	10am - 11am	Extension
Music Appreciation	Mon	M/ 2 nd & 4 th	0	14	TBC	2-4pm	Lounge
Music Tuition	Mon	Weekly	£8	25	4/10/2010	9am-1pm	Music Room
Social Lunches	Third Wed	Monthly				1 -3pm	Various
Social Evenings	Last Wed	Monthly				8.00-10.30	Extension
Ukulele Group	Tues		Nil	10	28/9/2010	7.30pm-9.30pm	Music Room